

# Abstract

The bachelor thesis deals with the topic of a garden therapy. It represents the garden therapy as one of the possible activation activities. The introduction part of the thesis contains the definition of the relationship between a human and the nature and the presentation of a garden as a space and an instrument for a realization of the garden therapy. The next part of the thesis introduces basic terms related to the field of garden therapy itself - its definition, history, the role of the garden therapist, forms, effects, its process, individual approach to garden therapy participants, the importance of identifying of the needs of the clients with a special regime and the criteria for an exclusion from the participation in garden therapies. The reader is familiarized with the diagnosis of dementia and the general principles of an access to clients suffering from dementia.

The thesis contains also the creation of a specific design of a possible implementation of a therapeutic workplace in the House with a special regime of Slaný (hereinafter House Slaný), towards dementia patients. In the chapter titled "Application of Garden Therapy in House Slaný", there is introduced the workplace of House Slaný itself, its current offer of activation activities and the current appearance of the therapeutic sensory garden and the garden therapy are presented. The conclusion of the thesis is devoted to concrete proposals for the planned renovation of the therapeutic sensory garden and to the programs for garden therapies that I proposed.

## Keywords

Garden therapy, therapeutic garden, activation activities, house with a special regime, dementia, garden therapy programs, ergotherapy