Phobic postural vertigo (PPV) is the second most common cause of vertigo. It belongs to the group of somatoform disorders. However independent of the gender, this disorder depends on the patient's psychical condition. This affects both the types of complaints and the consequent treatment and prognosis. The aim of this thesis is to summarize the findings concerning Phobic postural vertigo, to explain its principle and systematisation and to propose a therapeutic plan.