

ABSTRACT

The theoretical part is focused on upbringing and education as health determinants in an individual. It observes upbringing and education as they create conditions for sustaining and support of health and healthy lifestyle. Historical connections and particular educational schools from antiquity up to present day are compared. Current state of affairs at schools in the Czech Republic and abroad is surveyed. Different contemporary perspectives are brought into focus, as well as attitudes in society and ensuing educational goals and competence.

The empirical part is based on research designed as questionnaire survey and related analysis. The respondents are divided according to the evaluating criterion: What is your evaluation of the client-worker relationship? Particular responses: a) The worker is advantaged. b) The worker and the client are equally matched. c) The client is advantaged. The responses represent the workers' subjective sense of well-being in the workplace. The groups are then analysed with regard to their education. The survey explores whether respondents self-study, attend one-day or regular training courses, or are not educated at all. Subsequently, the relation between the extent of education and workplace evaluation is assessed.

The results indicate connection between the extent of education and perception of workplace. Greater intensity in self-study, one-day and regular training courses are connected with better evaluation of the workplace. Continuously educated respondents tend to view their workplace more favourably.