

Abstract

Name: The Analysis of the Defensive Activities of the Players ČEZ
Basketball Nymburk

Main task: To find out the greatest deficit in the individual and team defensive activity in the National Basketball League (NBL) and European League (FEL).

Method: We used the direct observation method (analysis of the video) for our project. We recorded the results into the preprepared forms. A check sample we analyzed was created by 5 games of the National Basketball League and 5 games of the European League.

Results: We want to show the most frequented errors, frequency and also the feedback into the training process in the defensive activity of the players and the whole team.

Keywords: basketball, defensive activity, individual defensive activity, feedback