

## Bachelor's Diploma Thesis Assessment Review of the oponent

Students name	Emmanouil Marios Ornithopoulos
Topic	Cross training and athletic skills development in amateur and professional boxers.
Goal of thesis	Based on findings from literature to prepare 3 cross-training programs using athletic drills for boxers.
Thesis supervisor	PhDr. Radim Pavelka, PhD.

Demands of work	Level		
	Excellent	Average	Substandard
Theoretical knowledge:	x		
Practical experience:		x	
Supporting documents, input data and processing:	x		

Evaluation criteria	Mark			
	1	2	3	4
Title	x			
Topic work and its timeliness	x			
Author's theoretical knowledge	x			
Author's practical competencies		x		
Objectives formulation	x			
Overall solution procedure		x		
Work with data and information	x			
Depth of analysis	x			
Layout and logical structure of work		x		
Work with literature	x			
Graphical interpretation (text, graphs, tables)		x		
Stylistics level	x			
Formulation and accuracy of work with vocational language		x		
The objectives of work	x			
Adequacy of used methods	x			
Conclusions of the work and its formulations		x		
Technical contribution of the work and its practical use	x			

### Comments and questions for the defense:

Theoretical part of the work is properly and deeply processed. Particular factors of sport performance are broadly described. Certain parts of the text are not structured enough. Some articles are too long. Physiological effect of the exercises should to be separate in extra articles for clearer order. Some specific exercises should be in another order.

### **Thesis is recommended for the defense**

#### The proposed classification level:

excellent
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The box list of the verbal rating scale: excellent, very good, good, failed

**Thesis oponent:** Mgr. Adam Zdobinský

In Prague, date: 7th.jan.2018

Signature: