

This thesis "Spiritual Guidance in the Life of St. Teresa of Avila" aims to focus on the importance of spiritual guidance in the life of this saint and on her relationships with spiritual leaders. First of all, this paper briefly discusses knowledge about her life and era, to which she brought here charisms. Then it continues with generic information regarding spiritual guidance and various dilemmas which could be encountered at that specific time period. The greatest part, however, deals with the spiritual leadership in the life of the saint. This mystic, in her spiritual path, considered spiritual guidance to be a very important and indispensable component of her life, and her writings contain a number of pastoral recommendations on how this spiritual guidance should take place.