

This diploma thesis deals with sport of people with visual impairment and tries to refer to significance of sport in their life.

Theoretical part is engaged in definition of concepts quality of life, sport and visual impairment. It emphasizes positive influence of sport on quality of life of these individuals and acquaints us with various sports which people with visual handicap can practise.

Further it sketches some difficulties and obstacles which these people have to overcome.

The task of practical part is to show current situation in sphere of sport of young people with visual impairment and through the realised research informs us about the extent of participation of these persons in various sport activities.