

ABSTRACT

This diploma thesis brings suggestions into the field of couple and family psychology. The main topic of this thesis is wedding rings regarded from the perspective of psychology. The theoretical part develops topics such as the history and the symbolism of rings in general to subsequently focus particularly on wedding rings. Significant attention is also paid to the marriage and couple problematics, the wedding — thanks to which we have the ring — and also to narrower psychological issues such as the wedding ring effect, the attractiveness of the wedding ring itself or the issue of wearing the ring. The final part is dedicated to the variations of treating the wedding ring.

In the empirical part, a data collection in the form of semi-structured interviews with subsequent qualitative analysis, was conducted. The total number of participants is thirteen. Participation of respondents in a variable life situation: newly-wed people, people in a long-term marriage, divorced and widowed people. The objective of the thesis was to capture the depth probe into the perception of the meaning and the value of the wedding ring by the wearers themselves and to find most important questions that can be associated with this symbolic phenomenon. The thesis covers issues such as the attractiveness of the wedding ring, attaching importance to the wedding ring and to the meanings people may give to the wedding ring, which may lead to the consequent wearing/non-wearing of this symbol of a marriage.

KEYWORDS

Ring, wedding ring, engaged couple, marriage, married couple, symbolism, attractiveness, importance, wearing, divorced, widow, widower.