

Abstract

This bachelor thesis concentrates on parenthood at a suboptimal age and the impact it may have on the life of the offspring. The study was written with a focus on the Europoid ethnicity. Nowadays there has been a significant increase in the age of parents at the birth of the first child, but early motherhood and fatherhood are both numerous too. Parenting at a non-optimal age can significantly affect the child's life, for example, its health or cognitive functions. At first, the literature of relevant topics was gathered, studied in detail, and the results of individual studies were summed up in the form of objective literary research. This study summarize the positives and negatives associated with the non-optimal age for establishing a family and the effect of parental age on the offspring. This research will be appreciated mainly by those who are interested in the subject for personal or study reasons, it can also form the theoretical basis for following research. Finally, this study expands awareness of how strong is the influence of parental age on the offspring, even with a brief reflection on the ideal age of family establishing.