

Summary

The thesis „Basic Therapy in the Direct Care of Gerontological Client“ was focused on the description of basic therapies in the direct care of gerontological client with the aim to describe, analyze, and suggest the most optimal approaches in social care that can be realized within basic types of therapy. The text of the work was divided into four chapters which present expert opinions of various authors. The theoretical part consists of three chapters. The first chapter is devoted to the description of the preferred therapy, the second chapter analyzes the social – health aspects of the old age, and the third chapter gives the insight into the representation of the basic legislation in the care of the seniors. Principal fourth chapter interprets data obtained by qualitative survey that was realized with the help of the cooperation of several methodological procedures, available interviews, the observation in the particular institutional facility implementing a mixed group of six elderly people, who in the course of approximately one year were involved to assemble the case studies and take part in different types of therapies and activities. The obtained data was segmented and analyzed in details, the emphasis was put on ethical, dignified approach and cooperation with social workers. I evaluate the gained results of the research to be indicative considering the amount of obtained data. The data rather illustrates the possibilities to improve the quality of social work using different kinds of activation therapy.