## **Abstract**

This thesis is focused on interpreting constitutive components of Michel Foucault's political thought (power, knowledge, subjectivity) from the viewpoint of the subjectification. The first goal of this work is to pursue the technique of confession as a crucial mechanism that participates on constructing the subjectivity in Foucault's work. To uncover in which connections it is usually pursued and what forms according to Foucault did it gain during history depending on various configurations of bonds between power and knowledge. The work's second goal is to substantiate a technique of confession defined by Foucault in contemporary human sciences, specifically in the foundations of the processes of data collection and then to demonstrate confession as a necessary element for creating an empirical type of knowledge.