

# ANOTATION

**Autor:** Zuzana Pražáková  
**Institution:** Charles University  
Faculty of Medicine in Hradec Kralove, Department of Social Medicine  
Division of Nursing  
**Title:** Satisfying the needs of nutrition and hydration from the perspective of non-medical personnel and long-term hospitalized patients  
**Supervisor:** Mgr. Veronika Gígalová  
**Number of pages:** 128  
**Number of attachments:** 7  
**Year of defense:** 2017  
**Keywords:** Aging and old age, long-term inpatient, human needs - seniors, nutrition, hydration

This thesis deals with satisfying the needs hydration and nutrition from the perspective of non-medical personnel and long-term hospitalized patients. It is divided into theoretical and empirical part. The theoretical part explains the concept of old age and aging, attention is also paid to specialized health care for the elderly. Describes human needs in general and focus and the need for nutrition and hydration for elderly patients in long-term hospitalized.

Empirical part is focused on the exploration questionnaire survey, which was carried out by non-medical personnel and for long-term hospitalized patients in a hospice in Nový Bydžov. Labor aims of the findings to assess how non-medical staff understands and satisfies the needs of nutrition and hydration in their patients. Furthermore, in order to assess the perception of satisfying the needs of nutrition and hydration from the perspective of long-term hospitalized patients. The results were compared with previous years of research dealing with the same theme. This work highlights the need for active efforts of non-medical personnel in satisfying the needs of nutrition and hydration for long-term hospitalized patients.