

ABSTRACT

Title of the diploma thesis: Use of promotive therapy and stimulation in hospice care

Aim of the thesis: Possible use of promotive therapy and stimulation in therapy of patients in hospice care is discussed in this diploma thesis. The aim of thesis is to compare use these therapies in hospice facilities that provide accommodation for clients or in home hospice care in the Czech Republic and the Slovak Republic and to analyze way of its use in praxis.

For purpose of this thesis following promotive therapies and stimulation were selected: music therapy, art therapy, bibliotherapy, basal stimulation and concept Snoezelen.

Methods of work: Quantitative and qualitative investigation was used for research. Quantitative investigation in form of questionnaires provided to hospice facilities with accommodation for clients was utilized as a method for data acquisition. Observation of practical promotive therapies processes in hospice facilities with accommodation for clients was included in methodology of qualitative investigation.

Results: Research deals with death and dying which is still quite often taboo theme in our conditions. This fact is perceptible in results of research investigation. It was revealed that offer of promotive therapies, which are provided professionally and defined in advance, is not wide. Music therapy, art therapy, bibliotherapy, basal stimulation and concept Snoezelen were investigated. When hospice facilities provide promotive therapies to their clients, therapies are not often led by professionally trained personnel. Use of promotive therapies in hospice care is still at the beginning. On the other hand research investigation has revealed future effort to widen offer of promotive therapies in individual hospice facilities. I have had experience with good-quality praxis, which already uses promotive therapies. Offer of these services is welcomed and widely used by clients. The aim of therapies is to divert attention of seriously ill client from illness and induce pleasant experience.

Keywords: dying, death, palliative care, hospice, hospice care, music therapy, art therapy, bibliotherapy, basal stimulation, Snoezelen.