

## **Abstract**

The main topic of the master thesis is the exploration of a process of learning and acquisition of skills. In fact these processes are the important parts of a human life indeed. The issue of this topic is being considered through a different but certainly related topic – the rules and their function. The first part of this thesis consists of the analyses of several points of view on the topic of rules as a whole. The introduction of the thesis is supplemented with the theory of S. Blackmore speaking about the meaning of memes in our lives. After the first part, where the work of J. Peregrin „A Man and rules“ is analysed, the other bigger chapter begins with the analysis of M. Merleau-Ponty point of view on a human body and embodiment – the essence of a human being. In fact the studies of S. Curtiss and A. S. Benzaquen are the sources of the particular cases that are closely connected with the topic of the previous chapters of the thesis and that close the thesis.