

**Title:** Development of methamphetamine (ex)users that decided to cease without professional intervention – follow-up study

**Abstract:**

**BACKGROUND:** This work relates to author's research in 2011/2012, in which author captured experience of (ex)users with ceasing drug using without professional help through narrative interviews. Findings shown, that respondents keeps in their narration space for reusing of methamphetamine, so author decided to work with respondents also in future. This work is theoretically based in idiographic and narrative approach, which focus on

**AIMS:** To capture development of methamphetamine (ex)users that decided to cease using methamphetamine without professional intervention after 3 years.

**RESEARCH QUESTIONS:** To capture users' answers about future aiming of individuals, based on preceding research, to catch biography-time development of respondents and to analyze reasoning according to (non)returning to using methamphetamine.

**METHODS:** With those individuals, which were cooperating enough, interviews were held about their current situation. It creates set of interviews from 2011/2012 and from 2015/2016. Interviews were analyzed through narrative-oriented analysis, specifically through categories of values and beliefs. According to demandingness and comprehensiveness of approach, only two respondents are researched deeply.

**RESULTS:** The result is construction of value order affecting connotations of using of methamphetamine. Single areas of this value order are than discussed with relevant theoretical concepts.

**CONCLUSIONS:** Reflection of necessity of further analytic work on interviews and also considering of further monitoring of individual respondents. According to fact, that process of repeated contacting of respondents is not definitive, so this work is more summary of present findings.

**Keywords:** narrative approach, methamphetamine users, spontaneous remission, recovery without treatment, follow-up study.