

## **ABSTRACT**

This thesis deals with the problem how social services offered by FOKUS Tábor are effective in terms of subjective quality of life of their clients.

The theoretical part is divided into three chapters. The first chapter is devoted to mental illness - classification, symptoms, treatment limitations, which cause mental illness, and life perspective of people with mental illness. The second chapter discusses the quality of life, its assessment and measurement, as well as the factors influencing the quality of life and the quality of life of people with mental illness and the possibilities of its increase. The last chapter deals with the association FOKUS Tábor - characteristics, mission, history and present of the association, its objectives and principles, the services offered and characteristics of the target group.

The aim of the study is to determine what role FOKUS Tábor has in improving quality of life of its clients with mental illness. Achieving this goal is realized by interviews with clients of FOKUS Tábor, during which it focuses primarily on how they perceive intervention of the association, thus the efficiency of social services offered.

In the investigation qualitative research is utilized, with the help of which research goals are fulfilled. Acquisition of data will be mediated through a semi-structured interview.

The purpose is to highlight the significance of the services provided by NGOs in the field of mental illness. The work could be beneficial for people with mental illness who still did not know about FOCUS Tábor, and technical assistance could help them in their situation.

## **KEYWORDS**

Mental illness

Quality of life

FOKUS Tábor

Interventions to improve the quality of life