

## **Allotment gardens, gardening and selfsupplying: micro-regional analyze**

### **Abstract**

The thesis discusses the origin and development of allotment gardeners and allotment movement in the Czech Republic and marginally in Great Britain and Germany. Discussions with the literature also includes related phenomenon of allotment gardeners - second home. In the theoretical part, self-supply is mentioned such as a certain lifestyle. This chapter outlines not only the development and trends in self-supply (fruits and vegetables), but also overall trends in food consumption. The aim was to clarify at micro-regional level, who are the people who own the garden and what do they use it for. For this purpose was processed a questionnaire which was distributed to owners of allotment gardens and also to owners of the house with garden. Based on the results of the questionnaire I could confirm or refute defined hypotheses. The questionnaire also showed the increasing interest in allotment gardening.

### **Keywords:**

Allotment gardens, Czech gardening association, selfsupplying, gardeners