

Abstract

This bachelor's thesis „Nursing care for female patient with thyroid disease“ consists of two parts describing theory and practise. Theoretic part provides basic information about thyroid gland – anatomy, histology and physiology – function in human organism, followed by description of goitre, the most frequent disease requiring surgical intervention, focused on disorder reasons, incidence symptoms, diagnostics, therapy, possible complications and prognosis for patients suffering this disease. Part of the literary research describes the nursing care process for patient with planned neck surgery, and the role of the nurse in pre-operative preparation and a post-operation care. Practical part presents a case story of 53 years old female patient from diagnosis to definitive surgical solution. Case story has been described according to the Marjorie Gordon nursing modus, which accentuates biologic and social needs of the client. After presentation of basic data on patient, diagnostics and therapy of her disease and hospitalisation course, the story has been focused on specific needs of the client, formulation of nursing diagnoses, targets and plans, their realisation and evaluation. The aim of this thesis was description of question is in surgically intervened thyroideal disease focused on nursing care and biologic, psychological and social needs of the client.

Keywords: nursing care, thyroid gland, goitre, surgery, needs of the client