The main purpose of the work is to theologically reflect a relationship between christianity and the selected phenomenons of alternative spirituality. Partial goal of this dissertation paper is a theological reflection of this relationship. Human being and its theological-anthropological base is a fundamental connection to this relationship. A uniting component is human dignity which structures an essential princip arising from revelation. The thesis reflects roots of human dignity and its relationship with Trinitarian God and christianity - and life without this bindings. For this purpose an interdisciplinary overlap to communication psychology is used - due to fact, that this model can be applied to revelation. Thanks to this communication model a proces of creating self-approach of person can be outlined and it opens a way to understand empirical perspective of alternativly spiritual followers. Using the model is good to understand the structure and its formation between christianity and alternative spirituality as well. This perspective can be helpful to gain a better view of inner structure of relationship of these phenomenons and its opportunities.