

Abstract

Main theme of this bachelor thesis is personal spirituality attitude and experience at addiction services psychoterapists.

Purpose is to describe experiences with psychoterapeutist's spirituality and and then to find connection with their work, psychoterapy.

Theoretical part is about basic definition of spirituality, it components and potencial risks. Another important part of the theoretical part is describing spirituality in context of chosen psychoterapeutic attitude.

Practical part is my own qualitative research.Character of design is multiple case study (n=4). Research group is consisted of 4 psychoterapists chosen in purpose. As collection method I chose semistructured interview and the Prague spirituality questionnaire. Then I processed recieved data from interview to interpretative phenomenological analysis (IPA) and I counted points from each spirituality dimension in questionnaire.

It was found that personal spirituality experience can be related with psychoterapy. All the respondets reported that they experience spirituality of some kind, but they try to not project it in their work. It is suprising that all the respondets also reported existentialism as important psychoterapeutic course which they use as a base. For all is solidarity of experiencing spirituality very important.

In conclusion I want to say, that there really is connection in spirituality experiences and attitude at various psychoterapists. And I think that same the connections I could find differences and specifics at my respondents.

Keywords

spirituality; addiction; therapist; therapy; psychotherapy