

Abstract

Title: **Incidents and injuries during outdoor courses**

Aims: The aim is to ascertain the extent of injuries that occurred during outdoor activity courses, conducted within the framework of teaching at the Department of Outdoor Sports FTVS UK.

Methods: Qualitative and quantitative analysis of data from the book of injuries, regulations, and final reports of the classes issued by individual departments of the Department of Outdoor Sports FTVS UK which was collected during the school calendar of 2009/10 to 2014/15, and their subsequent statistical processing. Using of NACA scoring system for assessing the severity of injuries. The research group consists of students and teachers of FTVS UK.

Results: The result of this work is a clear summary of the frequency and severity of injuries incurred in various outdoor activity courses conducted within the framework of teaching at the Department of Outdoor Sports FTVS UK.

Keywords: Outdoor sports, skiing, canoeing, accident, FTVS UK courses.