

Abstract

Title: **Opinion and attitude of school children to the physical education and sport**

Objectives: Main objective of the diploma work is to study opinions and attitude of school children aged 11-15 years using the questionnaire DIPO – J (Dimension of attitude for children). The survey will be carried out at second grade of elementary schools in the chosen classes with the sport and regular educational programme. The obtained results will be analysed according to the sex and age groups 11-13 years and 14-15 years. Results will be compared with the surveys about school children done with the questionnaire DIPO – J in the years 1983 to 2013.

Methods: The survey has been done using questionnaires DIPO – J from professor PhDr. Bohumil Svoboda, DrSc. It contains altogether 60 questions that map opinions and attitude in the following 6 dimensions: Dimension I. – Attitude to the performance, health and physical fitness. Dimension II. – Attitude to the development of personality, character and abilities. Dimension III. – Attitude to the social experience, behaviour and conduct, friendship. Dimension IV. – Attitude to stress, risk, courage and adventure. Dimension V. – Attitude to the aesthetic experience on TV and sport, beauty and gracefulness of movement. Dimension VI. – Attitude to relaxation, compensation and pressure reduction. The questionnaire is in use since 1983.

Results: We have found out opinions and attitude of school children aged from 11 to 15 years using the questionnaire DIPO – J. Results contain average values. In general, we can say that opinions and attitude are mostly slightly positive, however, they drop in average to the slightly negative zone. Exception is the perception of aesthetic experience that is getting close from slightly to strongly negative zone. For the last 30 year period the attitude move in the given dimensions significantly lower than in years 1983 and 1999. With this trend we can expect that in the coming 10 to 15 years most of the dimensions of physical education and sport will show values mainly in the slightly negative zone.

Keywords: dimension of attitude, questionnaire DIPO – J, pubescence, physical education and sport, school.

