

Abstract

Title: Personality predispositions of pole dance trainer

Objectives: The main aim of the thesis is to identify the personal predisposition for pole dance trainer and build a personality profile in terms of gymnasts and trainers, which presents such personality traits that would be good pole dance trainer disposal.

Methods: In the thesis was used the interview method with the best pole dancer and trainer and also written questioning method. The respondents were gymnasts and pole dance trainers from the Czech republic.

Results: In the thesis were identified personality predispositions for pole dance trainer. Based on the results of the survey were selected the top 15 personal predispositions.

Keywords: pole dance, personality predispositions, trainer, competence profile