

The thesis deals with alternative diets such as vegetarianism and veganism. It aims to highlight the advantages of these lifestyles in terms of their importance to sustainable development. The thesis explains the global definition of social work. It focuses on social work and its potential to interfere with the protection of the environment. It deals with the relationship between social work and sustainable development and its environmental importance. It describes the concept of the ecological footprint as an indicator of the impact of individual activities on the environment. It critically evaluates the environmental impacts of conventional farming. The major part of the thesis focuses on specific examples of organizations in the field of alternative diets in the Czech Republic.