

My Bachelor Thesis investigates the importance of interdisciplinary collaboration in the area of mental health care. The goal of the study is to analyze the importance of interdisciplinary collaboration in the area of mental health care from the perspective of social workers from National Institute of Mental Health. The subject of the study results primarily from the actual trends of psychiatric care, representing the complex system of needs of people with mental disorders. To satisfy the biological and psychosocial needs of people with mental disorders, the interdisciplinary collaboration is essential. The study was elaborated based on professional references and research work made at National Institute of Mental Health. The results from professional references and from this research project recognizes that interdisciplinary collaboration in mental health care is significant, especially for early identification of mental disorder and for proper diagnosis, which can be linked to effective treatment. Interdisciplinary collaboration evidently cuts down the treatment time and prevents from hospitalization. It's trying to understand the individual person in all areas of her life, thus to prevent from negative social impacts. The importance of interdisciplinary care lies in the complex fulfillment of needs for people with mental disorders. No less important factor of interdisciplinary collaboration is the professional conduct of social workers, and other specialists within multidisciplinary team, which significantly helps to increase the quality of life for people with mental disorders.