

## **Abstrakt**

In this bachelor thesis, I would like to discuss physical culture and physical activity of the population of ancient Rome. Habits, hobbies and daily needs of the general population, professional athletes this time, as well as soldiers and their training. I would like to focus also on the then sports, Roman baths and their equipment, or training centers gladiator school and the army. I would like to mention also about the games at that time, the local population was in favor, rules outline the circumstances in which games are played and held. The vast majority of current knowledge about old times is obtained from archaeological excavations and finds, therefore, I would like to mention the most important and if possible, inclose them in the illustration. Finally, I would like to findings to organize and classify them appropriately within the time period of the Roman Empire. To my thesis, I would like also incorporate knowledge, acquired in my way to the city of Rome, particularly in terms of image attachments.