

Abstract

Title: Development and actually situation of combat systems in the Central Region.

Objective: Describing of combats, history of trained combat systems (in the region of Kolín and Kutná Hora) in the Czech Republic, obtaining information about individual clubs and processing them.

Methods: The information for this work were obtained by research in above mentioned districts.

Results: The obtained information were mentioned in standardized questionnaires and the results were writing and graphically preesented.

Key words: martial arts, cobat sports, clubs of combat sport.