

Name:

Analysis of efficiency in athletic decathlon

Aim:

Comparing the structure of power at different power levels, in particular in a relative concept, how the various disciplines involved in the total output.

A method:

Comparative analysis of average performance values at different performance levels

results:

It brings relative differences in the structure of performance based on declining overall performance level for which the overall performance level is most similar to the structure of power and vice versa.

Keywords:

Decathlon structure performance, performance in the decathlon