

The case study of one of the Prague restaurants was focused on verification and description of existence of two phenomena allied to food. Both of those phenomena are in link with gender and among both of them strong parallels are identifiable. First of those two phenomena is the difference of the food preference and consumption between both men and women who are either dining in such restaurant, or in general. The second one is again the difference between men and women, but this time in terms of average number of both sexes present among the employees of the restaurant. Both phenomena were able to verify and partially were described the causes and reasons, what are those rising for and under what circumstances are maintained. Nevertheless, there is a need to mention the fact that both phenomena are subjected to change as well as the whole society, therefore is necessary to food as a social phenomenon itself pay constant attention. The reason is basic and clear – food is very important part of our everyday life.