

ABSTRACT

This diploma thesis deals with the topic of school manager's self-management in the art schools area. Thesis aim was to ascertain what the art schools' headmasters in Pilsen and South Bohemia region reckon as part of self management, what influences their self management and how is this influence displayed in their professional and personal lives. Partial aim of this work was to find out if the headmasters educate themselves in the self management area and if yes in what way. In the theoretical part the work comes out of the human resource management and working performance area. It deals with the headmasters' competences and roles, self management, time management, delegation, burnout syndrome, stress techniques and life balance. It elaborately deals with the emotional intelligence and headmaster's career stages in connection with the self management area is influenced by them. The practise brings research results, which was realized by research and additional interviews. The research found out very interesting discoveries from the pedagogical-art schooling, from the working and personal lives of crucial persons in this educational sphere – art schools headmasters. The experiences and in some cases statements about serious consequences of not asserting the self management mechanisms are recorded in author's personal interviews. These findings confirm often mentioned condition about overloaded headmasters in Czech schools. On the other hand there are information about happiness and realization from the demanding work, which is projected in their personal lives. The practise brings the information that art schools headmasters' self management is the key on their leading roles with the direct impact on the leaded team and at the same time the impact on their personal lives. These findings could help in the positive movement in the self management education area and school area, which was not researched.