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Title of bachelor thesis: The Physiotherapy in Patients with Systemic Lupus Erythematosus

Abstract:

This bachelor thesis concerns physiotherapy in patients with systemic lupus erythematosus diagnose. It mainly focuses on physiotherapeutic techniques indicated in this kind of patients. Another task is evaluating the effect of physiotherapy in acute issues caused by this disease. The thesis is divided into theoretical and practical part.

In theoretical part the diagnose, clinical symptoms and treatment options are mentioned. The largerst part describes non-pharmacologic treatment and above all, different conservative physiotherapeutic methods.

The practical part consists of thesis methodology and two case studies of patients with systemic lupus erythematosus. The case studies involve anamnesis and detailed physiotherapeutic examination and evaluate results of therapy, which demonstrates the positive effect of therapy on physical and psychical functions. The conservative way may reduce pathology in musculoskeletal system occuring due to lupus.

Key words: systemic lupus erythematosus, rheumatic disease, autoimmune disease, physiotherapy, SLE