

Abstract

Title: Kids' Athletic skills

Objectives: To describe a level of skills of kids in a selection of exercises, who attend the preparatory athletic school, and to compare this level between 5-6 and 8-9 years old kids. To find out if kids, who attend other sports club, will achieve higher levels of skills.

Methods: In my thesis I used a method of observation, a method of analysis, a method of comparison and a method of interview.

Results: A prerequisite that older kids will achieve better results than younger kids, I didn't confirm absolutely. Overall, they often achieved better results, but in some exercises were younger kids at a very similar level. The second prerequisite that kids, who attend other sports clubs, will achieve better results than other kids, I can not confirm, since all children attend other sports clubs.

Key words: level of motor skills, preparatory athletic school, kids, photo sequences