

Abstract

Title: Testing and comparing physical abilities in performance categories U13

Objectives: The main goal of the work is the selected tests of physical ability, to determine their level then compare the results between the three different performance categories U13.

Methods: The work is conducted as a quantitative research, empirical-theoretical study, where all of the data collection was done through testing. The measured data will be compared and evaluated by selected statistical methods.

Results The result of our study is the finding that in tests of physical abilities is between different competition categories are found statistically significant differences in the performance.

Key words: testing, motor skills, football, fitness