

This diploma thesis focuses on the existential themes of religious seniors. In the theoretical part the notions of 'spirituality' and 'religiosity' are discussed. The following chapters are aimed at the old age in connection to spirituality, personality development and existential questions.

The data obtained through semi structured interviews with the religious seniors (n = 8, 6 females and 2 males, average age 82.25 years) are analysed and interpreted by the means of interpretative phenomenological analysis in the research part.

The analysis and interpretations answer research tasks specified on broader basis as follows: a) what is characteristic for the faith of the interviewed respondents and what were the changes of faith throughout their lives; b) the way the seniors have been coping with existential themes throughout their lives, some of these being especially urgent in this age period: the meaning of life, hope for the future, the meaning of pain and suffering, coping with the mortality of themselves as well as with the one of their relatives and friends, and dealing with solitude.