

ABSTRACT

Title: Coaching the coach in the game

Aims: To diagnose coaching performance in two competitive matches of youth category. In the following, I will focus on the forms of coach behavior and postural activity.

Research questions:

How and in what form should the coach motivate his players in a match?

What influence will the match and its result have on the coach and his postural activity in the monitored matches?

How does the coach give instructions and feedback?

Methods: To achieve the goals I use the method of observation, audio and video recording method and the method of teaching interaction (ADI)

Results: The objective of this work was accomplished. The research questions were answered. Recommendations were presented for coaches.

Keywords: coaching, coach, trainer, feedback information, instruction