

ABSTRACT

This theses focuses on uncovering motoric skills development of young school age children in their physical education classes. We will explore motoric skills occurrence in physical education classes using a survey to find out which skills are given preference, which are developed on specialized training basis and which children perform just for fun. Due to particular motoric skills we will offer preparatory workout, exercises, equipment and methods frequently used in physical education. Finally, we will create a suitable model for physical education at primary level.

Key words:

skill, sport games, child, young school age