

Anotation

This thesis examines both positive or negative educational potencial of combat sports training on youth's education. By doing in-depth interviews with expert trainers I searched for their own professional opinions on this subject. Collected data were analysed and compared with similar studies from the past. The aim of this thesis was to support or refute previous studies and my research expectations that show combat sports as a fully respected part of a sports industry capable of positive influence on its participants psyche and behavior. Results of the research confirmed that training of these sports can help adolescents cultivate good manners and healthy habits.