Abstract

Title: Comparison of interest in sports activities between high school

students in Prague and in Karlovy Vary region

Objectives: The aim of this thesis is to find and compare the interest in sport

between two groups – high school students in Prague and Karlovy

Vary region. Furthermore, the aim is also to find out the reason

why students do sport or why students have even no interest

in sport. Another objective is to find and compare the way how

students in both regions spend their leisure time. Lastly, sports

conditions were verified in both regions.

Methods: Interest in sports activities has been investigated by using

a questionnaire survey. The questionnaire was specially created for

this research.

Results: Research has shown that the level of sport activity is higher

by students from Karlovy Vary region than by students from

Prague. Although the conditions for sports activities are worse

in Karlovy Vary region than in Prague, students do sport more

often and doing sport is more popular in comparison with other

leisure time activities.

Keywords: sports activities, high school students, leisure time, motivation,

Karlovy Vary, Prague