

Abstract

Title: Personality typology of participants in survival races using psychodiagnostic method GPOP (Golden Profiler of Personality)

Goals:

Our main goal was to determine personality typology of participants in survival, specifically in Adventure racing to compare the results obtained by AR athletes with Czech standards.

Method:

There were used method of GPOP (Golden Profiler of Personality) in diploma thesis. This method follows a well – known method MBTI (Meyer – Briggs Type Indicator). However, compared to MBTI method GPOP is standardized in Czech Republic. GPOP consist of four paired scales and compared to MBTI it has also the scale which focuses on the stress reaction. GPOP is based on survey of 116 questions and statements. Final results show which of two pair scales is preferred by participants. Every paired scale has its own five subscales. GPOP presents us 16 types of personality overall based on mentioned paired scales and subscales. We also created secondary non – standardized survey which regards athletes participation in Adventure races and survivals, so we would confirm their inclusion to research group.

Results:

In the population of athletes who participate in survivals (AR) there shows significant representation personality type ISTJ and ESTJ (47,6 % in comparison with other personality types). At the pair scale of stress reaction 2/3 of athletes shows preference for the scale G. In the comparison with standards results show us that it is similarly in 4 of 5 chosen scales.

Key words: adventure racing, comparison, characteristics of athletes, scale

