

ABSTRAKT: This work is focused on studying the outside-school physical activities of children visiting the 4th and 5th grades of primary school in Prague 9. It examines the children's relationship to physical activities. Through the survey I presented to ground school children, the work discovers if they do some sport activities, how they spend their free time, how their family influences their physical activities and if they take part in one-time physical activities events. Last but not least the work studies the children's view on the benefits of physical excercises.