

Abstract

This bachelor thesis presents Christianity as an inspiring theoretical basis for a personal growth of a teacher. It sets out the principles of personal development of a teacher in spiritual, more specifically Christian context and presents practical path of spiritual growth. It is done with regards to the contemporary socio-cultural conditions and in contrast with selected humanizing conceptions of personal development.

My personal motivation for choosing this topic is explained in the introduction of the thesis, which is then followed by definition of basic concepts. Part of the thesis is concentrated on self-development, which is an essential condition for personal and spiritual growth of a pedagogue. Following chapter compares various humanist theories that significantly affected my way of thinking about personal growth. It is mainly humanistic psychology, personal conception of a child and finally Christianity with its undisputed connection to personal growth, both in theory and in practice.

In the final part of the thesis, motivational and educational course called VYTAX is presented. It deals with personal growth of a teacher in Christian context in practice, in the environment of Seventh-day Adventist Church.

Key words

Personal growth, spiritual growth, self-development of teachers, restraint, love, faith