

# **DIPLOMOVÁ PRÁCE**

## **The safety of seniors in the Internet cyberspace**

**Ing. Martina Burešová**

**Praha 2015**

This thesis focuses on issues of use of Internet environment by seniors. I deal with benefits and risks of the cyberspace. I describe how the Internet environment can affect the quality of life. Specific risks and actions to prevent them are defined theoretically. The theoretical description is afterwards enhanced by actual experience from my long-term work of teaching courses on computers to seniors and handicapped people. I present examples of good practice. In the practical part, I concentrate on research of safe manners of seniors in the Internet cyberspace. I organized the research as secondary activity of the education itself. I used questionnaires, tests, interviews and observation for the research. The goal of the research was the evaluation of seniors' competences of safety manners in the cyberspace.

I assume from the results of the research that seniors' competences are insufficient. I believe, subject to my observation and in compliance with safe off-line communication analysis and following evaluation of hypotheses, that safe manners may be taught to seniors using appropriate method of education.