

## **Abstract of the thesis**

**Background:** Involvement of close persons of drug users may have a significant impact on the success of all types of treatment programs. Thus, family therapy or work with families is an effective form of treatment for both adults and teens who have problems with alcohol and illegal drugs. Involvement of persons close to drug users into treatment process is associated with finding professional help at an early stage of drug use, with a higher degree of involvement of drug users in treatment process as higher retention, with significant reductions in drug use after treatment and also improving the social behavior of drug users. Therefore is offered the question: how family therapy is indicated at work with addicted clients, and when this method is contraindicated. **The aim** of this work is to find out how is indicated the family therapy or therapeutic work with the family at work with addicts, from the perspective of clinicians, and when, according to their experience, family therapy is not recommended or contraindicated.

**Methodology:** Data were obtained through semi-structured interview, the respondents were employees of ambulatory institutions providing psychotherapy services to drug addictions and their families. For data analysis was used elements of grounded theory.

**Conclusion:** The basic indications of family therapy at work with addicted clients appeared availability of families and their willingness to cooperate and work to change, employing a low age of the individual drugs and the associated stage of drug use, or experimental stage and harmful use; for developed addictions and older clients the ability to abstain in an outpatient setting. The basic contraindications according to the results of the study include the lack of motivation to cooperate and family unavailability; elder abuse and violence in family; negative influence of family and consequential worsening symptoms or problems and inability to abstain from alcohol in an outpatient setting. The basic starting point at work with addicted clients while using family therapy is a systematic approach.

### **Keywords:**

Family therapy - Work with family - Substance abusers - Drug addicts