

# **Abstract**

## **Title of thesis:**

Specialization of volleyball training at the adolescent category

## **Aim of thesis:**

The aim is to identify and characterize the views of trainers with many years experience of coaching children and young people to specialize in training.

## **Method:**

To fulfill the research objectives, I used the method of interrogation using non-standardized questionnaire with closed questions. The obtained data from the questionnaire were analyzed by the sum of the number of probands and their answers. The results were processed by conventional statistical methods, expressed in words, tables and graphs.

## **Results:**

The results showed youth coaches' opinions on issues in the field of specialized training of older pupils. The results clearly showed that in the monitored category is already complete specialization of player's functions. In some cases, player's functions are distributed even before the category, thus enabling younger pupils.

## **Keywords:**

Volleyball

Training of children and youth in volleyball

Categories of older pupils

Specialization of player's functions

Specialized training

