

## **Abstract**

### **Title of thesis:**

The development of the teaching of swimming in the open the way for a child diagnosed with albinism, nystagmus, astigmatism and myopia

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### **Objectives:**

The aim of the work is to learn technically well proband A. K. crawl swimming, so that the result will be a change of its status from non-swimmer to a swimmer.

### **Methodology of work:**

The object of the case study in my work will be twelve years old student, who is diagnosed with albinism, nystagmus, astigmatism and myopia. According to Decree

MŠMT § 11.75/2005 Sb., student does not meet the requirements of severe disability. When training freestyle swimming stroke'll investigate:

- mastery of basic swimming skills and spatial orientation abilities;
- ability to learn basic swimming stroke crawl;
- training in sports performance 100m freestyle in a time;  
handles the results graphically to 16 tables each week from October to January;
- tables will be divided into 5 parts, each part will contain a given exercise, utilities, length swam meters per workout (45 minutes), errors and correction of these errors and exercise to reduce these errors.

### **The results:**

On the basis of intensive training and research tables I found and reached that proband A.K., whom I at the beginning of their research as part of the non-swimmers, drifted after the end of my case study continuously 100 m swimming front crawl with a good technical way.

### **Keywords:**

Swimming, child with visual impairment, form of teaching