

# REPORT OF BACHELOR THESIS

Leadership's name:

Mgr. Lenka Satrapová

Student's name:

Lars Naess

Title of diploma thesis name:

Case study of physiotherapy treatment of a patient with sacral, lumbar and lower thoracic lumbago

Goal of thesis:

Through one practical and one theoretical part, I will discuss the rehabilitation of lumbago. I emphasize the practical part, where I worked with a middle aged nurse who has struggled with lumbago for a long while. Here I want to describe examination, therapy and conclusion on her state with lumbago. In the theoretical part, I want to describe what I think is the most important aspects of lumbago in anatomy, kinesiology, biomechanics and epidemiology.

1. Volume:

* pages of text	55
* literature	23
* tables, graphs, appendices	13 tables, 5 figure, 5 appendices

2. Seriousness of topics:

	above average	average	under average
* theroretical knowledges		x	
* input data and their processing		x	
* used methods		x	

3. Criteria of thesis classification

	excellent	very good	satisfactory	unsatisfactory
degree of aim of work fulfilment	x			
<i>aim of work was fulfilled</i>				
independence of student during process of thesis		x		
logical construction of work		x		
<i>chapter 2.4 Etiology and epidemiology consits of a lot of chapturer, better to put some of them separately (Treatment, Thearapeutic approaches...etc.)</i>				
work with literature and citations			x	
<i>less number of literary sources; citation norm in the list of literature is not proper ( different style author to author); citation of pictures is missing in text</i>				
adequacy of used methods		x		
design of work (text, graphs, tables)				x
<i>different style of headlines - some are underlined (from chapture 3); headline 1 Introduction is with doubledot; pictures are in bad quality ; whole work is aligned to the left not to the block ; headline 3.3 Therapy course is not on the top of the page; also the chapture 3.5 Evaluation of therapy effectiveness and headlines in Supplement are not on the top of the page ; list of literature is named as Appendicies; 5th and 6th therapeutical unit have the same date 14.2.2014</i>				
stylistic level	x			
<i>small mistake in the title of the work Case study for of physiotherapy treatment of a patient with sacral, lumbar and lower thoracic lumbago</i>				

4. Usefulness of the thesis outcomes:

under average      average      above average

5. Comments and questions to answer:

1) Please suggest for your patient some procedures from physical therapy. Describe the application and goal of the

*procedure.*

**6. Recommendation for defence:**

yes

no

**7. Designed classificatory degree**

very good - good

according to defence

**Date: 11.5.2014**

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**Mgr. Lenka Satrapová**

