



CHARLES UNIVERSITY IN PRAGUE
FACULTY OF PHYSICAL EDUCATION AND SPORT
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Application for Ethics Board Review

of the research project, doctoral research, master degree research, undergraduate research, involving human subjects

Project title: Case study for Lumbago (M546,M545)

Nature of the research project: Bachelor thesis

Author: Lars Næss (Bc. Student)

Supervisor: Veronika Sedlicka, Lenka Satrapova

Research project description: A middle-aged nurse with severe back-pain with wrong movement patterns. Has severe problems stabilizing the trunk in different positions and especially transfer motion. Is not able to work, and stays at the clinic for a week with infusions, lymphatic massage in addition to physiotherapy. Also has lymphedema in the lower extremity.

Guaranteed safety to be judged by experts: No invasive methods used at any point.

Ethical aspects of the research: Patient safety is not compromised and the highest safety standards will be adhered to. Patient will remain anonymous and no personal data will be published.

Informed consent (attached)

Date: 20.02.14

Author's signature: *Lars Naess*

Faculty of Physical Education and Sport, Charles University in Prague ETHICS BOARD REVIEW

Ethics Board members: Doc. MUDr. Staša Bartůňková, CSc.
Prof. Ing. Václav Bunc, CSc.
Prof. PhDr. Pavel Slepíčka, DrSc.
Doc. MUDr. Jan Heller, CSc.

The Ethics Board at the Faculty of Physical Education and Sport, Charles University, approved the research project.

Approval number: 094/2014
Date: 24. 2. 2014

The Ethics Board at the Faculty of Physical Education and Sport, Charles University, reviewed the submitted research project and found no contradictions with valid principles, regulations and international guidelines for biomedical research involving human subjects.

The chief investigator of the project met the necessary requirements for receiving the Ethics Board approval.

Official school stamp

Dostálková
Signature, REB Chairman

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