

## **ABSTRACT**

**Title:** Casuistry of physiotherapeutic care for a patient with a Colles fracture diagnosis.

**Objective:** The main aim of my bachelor thesis is an explanation of theoretical knowledge of the Colles fracture, further processing a casuistry and a report of the rehabilitation care for the patient.

**Methods:** This work was based on a four-week work practise at the Movement Apparatus Treatment Center. The work is divided into two sections. In the general section, I describe the anatomy and kinesiology of the wrist and hand, fractures in general, their classification, diagnosis, healing and treatment options. Then I describe fractures of a distal radius, possible complications and appropriate therapy. A special section focuses on casuistry of a patient after Colles fracture.

**Key words:** Colles fracture, radius, fractures of a distal radius, physiotherapeutic methods.