

Resumé:

My dissertation work concepts the problem between safe territory and seniors' support in sudden self-sufficiency change.

This work is divided into theoretical and research part. The theoretical part focuses on self-sufficiency, quality of life, wider family territory of seniors and availability to medical and social care. All dates I got from the czech contemporary literature and other sources.

I determined successive tasks and hypothesis.

Tasks of this work:

Find out the most frequent reasons and changes in self-sufficient of the seniors.

Find out the wider families conditions of the seniors, who return whit a change of the self-sufficient.

Find out living and barriers conditions of own enviroment and make up the helps for the seniors.

Find out the possibilities of the social services and to help the seniors whit a limited self-sufficient.

Working hypothesis:

I. I think, the seniors whit the limited sel sufficient want to live in their own enviroment.

II. I think, that a sudden change of the self-sufficient of the seniors influences their other families members.

III. I suppose, that barriers and living conditions aren't suitable with regard to changes of self-sufficient.

IV. I suppose, that the seniors have posibilites get suitable helps whit regard to change self-sufficient.

V. I think, the seniors with a change of the self-sufficient will begin to use more social services and the help from the state, a volunteer and private organizations.

I suggest from experimental methods:

- halfstandart interview
- questinnaire for a social worker
- the tests for measuring the self-sufficient (ADL, IADL)
- Mini - Mental State Examination (MMSE)

In the other research part we can find processed data, confirmed by determined hypothesis. Old people still want to live in their own world. They have worse health state on mind, but never try to leave family ground. Although they want to stay at different accomodation, they need to have the same home soroundings.

They are interested in some compensated tools or already have some. They use social services and after release they push forward day dare and Czech red cross to help.