

Summary

The main topic of this thesis is the subjective experience of anxiety. The author has attempted to secede from the strictly psychological level, therefore there are authors dealing with the overlap of human existence included. As a result, the thesis is also a partly philosophical view of anxiety. However, given the focus of the author, the greater part of the work is based on the psychological view. In the practical part, the hypothesis that the consciousness of the meaning of life has a certain influence on the experience of anxiety was confirmed. However, this effect is not as large and as clear as Frankl describes in his work.